



K-8 LUNCH MENU CYCLE AUG-DEC 2023

| WEEK | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------|---|---|--|--|--|
| 1 | Dutch Waffle w/syrup & sausage patty Wowbutter w/cheese stick/ Cheez-its Chef Salad w/Chicken Hashbrown & Fresh Veggie Cup Variety of Fresh or Canned Fruit Milk | Walking Tacos Grilled Cheese Taco Salad w/chips Cheesy Refried Beans Steamed Corn Salsa Cup Variety of Fresh Fruit or Jonny Pop Milk | Mandarin Orange Chicken w/Fried Rice Turkey, Ham, & Cheese Lunch Kit Chef Salad w/chicken Stir Fry Vegetables Variety of Fresh Fruit or Canned Fruit Milk Fortune Cookie | Crispy Chicken Sandwich Grilled Cheese Chef Salad w/chicken Loaded Tater Tots Veggie Cup Variety of Fresh or Canned Fruit Milk | Cheesy Bread w/marinara sauce Wowbutter w/cheese stick/ Cheez-its Chef Salad w/chicken Tossed Salad Fresh Veggie Cup Variety of Fresh or Canned Fruit Milk |
| 2 | Chicken Tenders Wowbutter w/cheese stick/ Cheez-its Chef Salad w/Ham Mashed Potatoes Green Beans Variety of Fresh or Canned Fruit Milk | **TRY IT TUESDAY** Grilled Cheese Chef Salad W/Ham Variety of Fresh Veggies, Variety of Fresh or Canned Fruit Milk Chocolate Chip Cookie | Pasta w/Meat Sauce & Cheese Stuffed Breadstick Turkey, Ham, & Cheese Lunch Kit Chef Salad w/chicken Steamed Broccoli Buttered Corn Milk Sidekick | Hot Dog w/o Chili Grilled Cheese Chef Salad w/Ham Chili Cheese Fries Baked Beans Variety of Fresh or Canned Fruit Milk | Big Daddy Pizza Wowbutter w/cheese stick/ Cheez-its Chef Salad w/Ham Tossed Salad and Butter Corn Variety of Fresh or Canned Fruit Milk |
| 3 | Pancakes w/sausage Chef Salad w/chicken Wowbutter w/cheese stick/ Cheez-its Hashbrowns & Fresh Veggie Cup Variety of Fresh or Canned Fruit Milk | Hamburger w/o Cheese Grilled Cheese Chef Salad w/Ham French Fries Lettuce, Tomato, Pickles Baked Beans Variety of Fresh or Canned Fruit Milk | Homemade Chicken Noodle Soup w/Grilled Cheese & Crackers Turkey, Ham, & Cheese Lunch Kit Chef Salad w/Chicken Fresh Veggie Cup Stemmed Peas Variety of Fresh fruit Brownie or Cookie Milk | Boneless Chicken Wings Grilled Cheese Chef Salad w/chicken Macaroni & Cheese Green Beans Variety of Fresh or Canned Fruit or Jonny Pop Milk | Cheesy Bread w/marinara sauce Wowbutter w/cheese stick/ Cheez-its Chef Salad w/chicken Tossed Salad and Fresh Veggie Cup Variety of Fresh or Canned Fruit Milk |

| AUGUST 2023 | | | | | | |
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| SEPTEMBER 2023 | | | | | | |
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| OCTOBER 2023 | | | | | | |
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| DECEMBER 2023 | | | | | | |
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| 24/31 | 25 | 26 | 27 | 28 | 29 | 30 |

This institution is an equal opportunity provider. Student Lunch paid \$3.50, reduced .40, Staff \$4.75 *Menu subject to Change*



**K-8 BREAKFAST MENU
CYCLE
AUG-DEC 2023**

| WEEK | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------|---|---|---|---|---|
| 1 | Nutrigrain Bar and Yogurt Cup Assorted Cereal Kits Variety of Fresh or Canned Fruit Milk | WG Pillsbury Mini Pancakes Assorted Poptart Kits Assorted Cereal Kits Variety of Fresh or Frozen Fruit/ Milk | Assorted WG Cereal Nutrigrain Bar and Yogurt cup Variety of Fresh Fruit or Juice Milk | UBR Breakfast Round Assorted Poptarts & Cereal Kits Variety of Fresh or Canned Fruit | Assorted Poptarts & Cereal Kits Nutrigrain Bar and Yogurt Cup Variety of Fresh or Canned Fruit/Milk |
| 2 | WG Goldfish & String cheese Nutrigrain Bar and Yogurt Cup Assorted Cereal Kits Variety of Fresh or Canned Fruit/Milk | WG Donut Wholes Assorted Poptart Kits Assorted Cereal Kits Variety of Fresh or Canned Fruit Milk | Assorted WG Cereal Nutrigrain Bar and Yogurt cup Variety of Fresh or Canned Fruit Milk | WG Cinnamon Bun Assorted Poptarts & Cereal Kits Variety of Fresh or Canned Fruit Milk | Peanut butter or Wowbutter w/ Apple Slices w/Graham Crackers Assorted Poptarts & Cereal Kits Fruit Juice or Milk |
| 3 | WG Pillsbury Apple or Cherry Strudel Nutrigrain Bar and Yogurt Cup Assorted Cereal Kits Variety of Fresh or Canned Fruit/ Milk | WG Toast & Fruit Smoothie Assorted Poptart Kits Assorted Cereal Kits Fruit Juice or Milk | Assorted WG Cereal Nutrigrain Bar and Yogurt cup Variety of Fresh or Canned Fruit Milk | Oatmeal Bar Cheese Cubes Assorted Poptarts & Cereal Kits Variety of Fresh or Canned Fruit Milk | Annie Grahams Yogurt Cup Assorted WG Cereal Nutrigrain Bar and Yogurt cup Variety of Fresh or Frozen Fruit/ Milk |

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OCTOBER 2023

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