

JANUARY-MAY 2020 CYCLE MENU

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Popcorn Chicken Grilled Cheese Chef Salad Buttered Noodles Steamed Broccoli Variety of Fresh Fruit or Pears	Beef & Chicken Sliders Wowbutter Sandwich Yogurt Pack Chef Salad Bag of Chips Baked Beans Variety of Fresh Fruit or Mandarin Oranges	Mini Corn Dogs Grilled Cheese Chef Salad California Blend Mac & Cheese Variety of Fresh Fruit or Peaches **Sidekick**	Pancakes Wowbutter Sand Yogurt Pack Chef Salad Sausage Links Hashbrowns Variety of Fresh Fruit or Frozen Strawberry cup	Pizza Grilled Cheese Yogurt Pack Chef Salad Garden Salad Sweet Corn Variety of Fresh Fruit or Applesauce
2	Chicken Nuggets Grilled Cheese Chef Salad Tater tots Green Beans Dinner Roll Variety of Fresh Fruit or Craisins	Cheesy Bread Wowbutter Sandwich Chef Salad Yogurt Pack Garden Salad Marinara Sauce Cucumber wheels Variety of Fresh Fruit or Peaches	Managers Choice Grilled Cheese Chef Salad Variety of Vegetables based on menu Variety of Fresh Fruit or Mandarin Oranges **Jonny Pop**	Chicken Quesadillas Wowbutter Sandwich Taco Salad Yogurt Pack Refried Beans Chips & Salsa Variety of Fresh Fruit or Pineapple	Pizza Grilled Cheese Yogurt Pack Chef Salad Garden Salad Sweet Corn Variety of Fresh Fruit or Applesauce
3	Chicken Drumstick w/dinner roll Grill Cheese Chef Salad Mashed Potatoes w/gravy & Peas Variety of Fresh Fruit or Peaches	Burger w/wo Cheese Wowbutter Sandwich Yogurt Pack Chef Salad Burger garnishes Potato Wedges Baked Beans Variety of Fresh Fruit or Craisins **Dessert**	Breakfast for Lunch w/ Sausage patty Grilled Cheese Chef Salad Hash brown patty Veggie Boat Variety of Fresh Fruit or Baked Apples	Pasta w/wo meatballs & garlic toast Wowbutter Sandwich Yogurt Pack Chef Salad Steamed Broccoli Fresh Celery/Carrots Variety of Fresh Fruit or Pears	Pizza Grilled Cheese Yogurt Pack Chef Salad Garden Salad Sweet Corn Variety of Fresh Fruit or Applesauce
4	Hot Dog w/wo Chili Grilled Cheese Chef Salad Oven Baked Fries California Blend Variety of Fresh Fruit or Mandarin Oranges	Crispy Chicken Tenders Wowbutter Sandwich Yogurt Pack Chef Salad Mac & Cheese Green Beans Variety of Fresh Fruit or Pears	Bowl of Soup w/Goldfish Crackers Grilled Cheese Chef Salad Steamed Peas Variety of Fresh Fruit or Peaches **Cinnamon Roll**	Soft Taco Wowbutter Sandwich Yogurt Pack Taco Salad Veggie Boat Refried Beans Salsa or Quesco w/chips, Variety of Fresh Fruit or Pineapple	Pizza Grilled Cheese Yogurt Pack Chef Salad Garden Salad Sweet Corn Variety of Fresh Fruit or Applesauce

Check out our Diocese Nutrition Website <https://www.cdlex.org/school-food-service> Free/Reduced applications are available to print and mail (or) return to school office at any time during the school year. Snacks are not sold unless a child has a positive balance and/or a parent note needed for restrictions. Lunch \$3.00, Reduced .40, Free 0, Extra Entrée \$1.50, Snacks, Extra Veggies/Fruit \$1.00, Milk .50 Staff/Visitors \$3.75 . MQHR, SAS

JANUARY 2020						
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FEBRUARY 2020						
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MARCH 2020						
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APRIL 2020						
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MAY 2020						
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