

# AUGUST-DECEMBER 2019 CYCLE MENU

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	Popcorn Chicken Grilled Cheese  Buttered Noodles Steamed Broccoli Variety of Fresh Fruit or Pears	Beef & Chicken Sliders Wowbutter Sandwich Yogurt Pack Smiley Fries Baked Beans Variety of Fresh Fruit or Mandarin Oranges	Mini Corn Dogs Grilled Cheese  California Blend Mac & Cheese Variety of Fresh Fruit or Peaches  <b>**Sidekick**</b>	Pancakes Wowbutter Sandwich Yogurt Pack Sausage Links Hashbrowns Variety of Fresh Fruit or Frozen Strawberry cup	Pizza Grilled Cheese Yogurt Pack  Garden Salad Sweet Corn Variety of Fresh Fruit or Applesauce
<b>2</b>	Chicken Rings Grilled Cheese  Tater tots Green Beans Dinner Roll Variety of Fresh Fruit or Craisins	<b>TRY IT TUESDAY</b> Wowbutter Sandwich Yogurt Pack  Variety of Vegetables based on menu Variety of Fresh Fruit or Mandarin Oranges <b>**Jonny Pop**</b>	Cheesy Bread Grilled Cheese  Garden Salad Marinara Sauce Cucumber wheels Variety of Fresh Fruit or Peaches	Taco in a Bag (Doritos) Wowbutter Sandwich Yogurt Pack Salad garnishes Refried Beans Chips & Salsa Variety of Fresh Fruit or Pineapple	Pizza Grilled Cheese Yogurt Pack  Garden Salad Sweet Corn Variety of Fresh Fruit or Applesauce
<b>3</b>	Southern Chicken Breast on a Biscuit Grill Cheese Yogurt Pack  Mashed Potatoes w/gravy & Peas Variety of Fresh Fruit or Peaches <b>**Dessert**</b>	Pasta w/wo meatballs & garlic toast Wowbutter Sandwich Yogurt Pack  Steamed Broccoli Sweet Corn Variety of Fresh Fruit or Pears	Biscuit Stix's & Gravy w/ Sausage patty Grilled Cheese  Breakfast Potatoes Veggie Boat Variety of Fresh Fruit or Baked Apples	Burger w/wo Cheese Wowbutter Sandwich Yogurt Pack  Burger garnishes Potato Wedges Baked Beans Variety of Fresh Fruit or Craisins	Pizza Grilled Cheese Yogurt Pack  Garden Salad Sweet Corn Variety of Fresh Fruit or Applesauce
<b>4</b>	Hot Dog w/wo Chili Grilled Cheese  Chili Cheese Fries California Blend Variety of Fresh Fruit or Mandarin Oranges	<b>TRY IT TUESDAY</b> Wowbutter Sandwich Yogurt Pack  Variety of Vegetables based on menu Variety of Fresh Fruit or Peaches <b>**Cinnamon Roll**</b>	Crispy Chicken Bites Grilled Cheese  Mac & Cheese Green Beans Variety of Fresh Fruit or Pears	Soft Taco Wowbutter Sandwich Yogurt Pack Veggie Boat Refried Beans Salsa or Quesco w/chips, Variety of Fresh Fruit or Pineapple	Pizza Grilled Cheese Yogurt Pack  Garden Salad Sweet Corn Variety of Fresh Fruit or Applesauce

Check out our Diocese Nutrition Website <https://www.cdlex.org/school-food-service> Free/Reduced applications are available to print and mail (or) return to school office at any time during the school year. **Chef Salad** is available daily at some schools if produce is available. Snacks are not sold unless a child has a positive balance and/or a parent note needed for restrictions. Lunch \$3.00, Reduced .40, Free 0, Extra Entrée \$1.50, Snacks, Extra Veggies/Fruit \$1.00, Milk .50 Staff/Visitors \$3.75 **TRY IT TUESDAY'S** will be all new products and requests. Announced on prior Friday.

AUGUST 2019						
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SEPTEMBER 2019						
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OCTOBER 2019						
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NOVEMBER 2019						
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DECEMBER 2019						
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